

Boys and Girls Club  
Of Pembroke

**2014**

# **ANNUAL REPORT**



**A Good Place To Be**

## WHO WE ARE WHAT WE DO

For 48 years we have been providing a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence for life.

## CORE VALUES

### INCLUSION & OPPORTUNITY

We strive to offer children and youth from all economic, cultural and social backgrounds access to the resources, supports and opportunities that will enable them to overcome barriers and achieve their positive potential in life.

### RESPECT & BELONGING

We provide a safe, supportive place, where every child is listened to, respected and valued in an environment of inclusion and acceptance. Our staff and volunteers model honesty, fair play, positive attitude, cooperation and respect for self and others.

### COLLABORATION

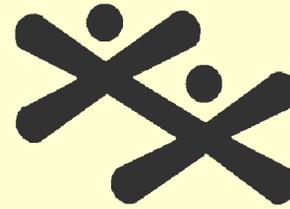
We work together with families and volunteers in each community, in partnership with the public and private sector, to create healthy community solutions to providing children and youth with what they need for optimal development.

### SPEAKING OUT

We speak out on behalf of children, youth and their families to reduce disadvantage, enhance their lives and enable their voices and ideas to be heard.

### EMPOWERMENT

We believe all young people can grow into responsible, contributing and self-reliant members of society. Children and youth are at the center of everything we do. Through adventure, play and discovery, we encourage and empower them to develop healthy lifestyles, a life-long passion for learning, leadership and life skills and a sense of social responsibility.



Boys and Girls Club  
Of Pembroke

## WHERE WE ARE

1144 Lea Street  
Main Office  
Club House

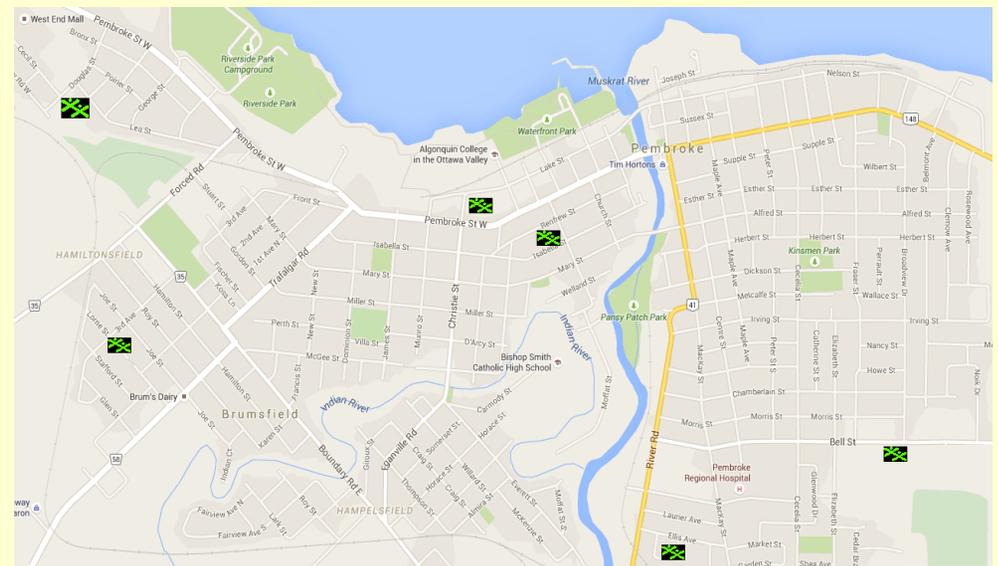
Wesley Community Church  
210 Renfrew Street  
Community Supper

Stafford Park  
641 Third Avenue  
PA Days

Champlain Discovery School  
390 Bell Street  
Recreation Night  
Teen Programming

Knights of Columbus Hall  
170 Ellis Avenue  
Summer Day Camp

Pembroke Memorial Center  
393 Pembroke Street West  
Access Hockey



## **A MESSAGE FROM THE BOARD CHAIR Bob Walker**



Dear Friends

Welcome to this year in review for our Pembroke Boys and Girls Club. It has been an eventful and successful year, and thanks to the generosity of our many donors and volunteers, the Club is poised for even more success in our delivery of impactful programs and services for the children and youth of our community.

In 2014, we had the departure of Patty McDonald, our Executive Director. Thanks go out to Patty for her contributions. In December, we welcomed our incoming ED, Rhodina Turner. Rhodina is a well known, dynamic and inspirational community leader who brings her deep experience in child and youth development to her new role. We are blessed to have such a strong hand on the tiller as we move forward.

We ended 2014 with our finances in a strong position, thanks to significant donations to our Club from many, many donors and to careful attention to our program budgets. A very special thank-you to the Renfrew County United Way, to Jason Blaine and his first annual celebrity charity event and to Garrison Petawawa and its annual Ironman competition for making us one of their key funding priorities.

In 2014, we made good progress on the first year of our new Strategic Plan. Under Rhodina's leadership, we ended the year with a number of new and revamped program offerings for our members, which we will continue to improve and expand upon in 2015. We have a strong member and volunteer base on which to build. Midway through the year, we made the difficult decision to phase out our Before and After School Program due to challenges in meeting license requirements. We have made a revamped After School Program one of our priorities.

We welcomed two new Directors to the Board, Cindy Marquardt and Jackie Stott, along with many volunteers who are supporting our program delivery and fundraising efforts.

These are exciting times for the Club. On behalf of the Board, I thank you for your support.

Bob Walker  
Board Chair

## **A MESSAGE FROM THE EXECUTIVE DIRECTOR Rhodina Turner**



It has been a busy and productive year once again for the Boys and Girls Club of Pembroke. We continue to work hard in providing a safe supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

This past year has been a period of change within the Club, particularly in terms of staffing, programming and policies. We developed a number of new policies and procedures that will ensure our Club operates effectively, efficiently and safely, for the benefit of all involved. Unfortunately, we had to cancel our Before and After School program but are continuously working on providing other quality assurance programs to take its place such as the cooking program and teen recreation night.

Much of the success in 2014 has been attributed to the dedication and devotion of our staff, volunteers and board of directors. This group of caring individuals give countless hours, energy and resources to the Club, without expecting anything in return. Also, we attribute success due to the generosity of our corporate sponsors, funders, and business partners for their support throughout the year. Without you, the Boys & Girls Club of Pembroke would cease to exist.

As the Executive Director of the Boys & Girls Club of Pembroke, I look forward to the year ahead as we continue to work together to advance the quality of our programs and services.

Rhodina Turner  
Executive Director

## **Our Board**

Bob Walker, Chair  
Cheryl Palubiski, Vice Chair  
Dan Mellen, Treasurer  
Jacklyn Stott, Secretary

Kim Krueger, Director  
Lori Crewe, Director  
Cindy Marquardt, Director

# Boys and Girls Clubs of Canada Model for Success

The Model for Success describes the common features and core programming areas offered by Boys and Girls Clubs across Canada, and the positive outcomes for children and youth that are achieved through them. Every element is based on the values and activities of Boys and Girls Clubs and it is grounded in the latest research in child and youth development.

## Common Features

Respectful, inclusive and engaging environments	Relationship-building and mentoring	Community and family engagement
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## Core Programming

Physical activity, health and safety	Leadership, growth and empowerment	Learning and career development	Families and communities
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## Short-Term Outcomes

Children and youth are emotionally and physically safe.	Children and youth feel welcomed, accepted, valued and respected.	Children and youth enjoy exploring new opportunities.	Programs build relevant skills for children and youth.	Community, parents, children and youth are engaged in Clubs and feel ownership of programs.
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## Mid-Term Outcomes

Children and youth are healthy, active and safe.	Children and youth are connected to peers, parents, school and community.	Children and youth have key academic, vocational and recreational skills.	Children and youth have confidence in their aspirations.
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## Adult Outcomes

Health and well-being	Positive and caring relationships	Educational attainment and ability to achieve dreams	Self-sufficiency and independence	Meaningful participation in community and civil society
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Boys & Girls Clubs of Canada  
Clubs Garçons et Filles du Canada

# HIGH FIVE

The Boys and Girls Club of Pembroke is registered with HIGH FIVE, Canada's only quality assurance standard. High Five is a program of Parks & Recreation Ontario, and is supported by the Ministry of Tourism, Culture and Recreation, and the Ontario Trillium Foundation. HIGH FIVE is a quality assurance program designed to support the safety, well-being and healthy development of children in recreation and sport programs through safe and developmentally appropriate programs.



A Caring Adult



Friends



Play



MaStery



Participation

**305**  
youth  
served

**7959**  
snacks  
served

**129**  
families  
served

**818**  
meals  
served



## 2014 BY THE NUMBERS



**19**  
staff  
members

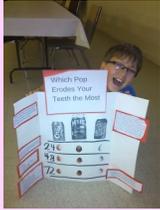
**812**  
volunteer  
hours

**170**  
volunteers

**\$10,962**  
dollars saved  
by having volunteers

# CHILDRENS

## After School Program



The After School program is a fun-filled program that provides a safe and caring environment for children after school which focuses on cooperative learning, team work and sportsmanship. Crafts, games and physical activities are rotated on a daily basis. Daily

snacks and homework help are offered during this program time, and children are encouraged to seek help.



## Community Supper

Community Supper runs once a week and is provided by generous donors in our community. Community partners can join us by preparing a delicious meal to share with the children or make a monetary donation for the cost of that meal. The children get to enjoy a nutritious meal

while working on their dinner etiquette, social skills, and cleanup.



## Recreation Night

Recreation Night is an evening where children gather at Champlain Discovery School to participate in crafts, drama, games and organized sports. This program supports the healthy development of children of all ages by fostering a sense of belonging, personal empowerment, achievement, and self-confidence.



# PROGRAMS

## Kids In The Kitchen



Kids in the Kitchen focuses on making healthy choices, meal planning and budgeting. We look at flyers, price match, prepare the food and enjoy the delicious product, while practicing safe food handling and dinner etiquette.

## Access Hockey



Access Hockey is a 10 week program and is a great way to get out on the ice. Children learn sportsmanship, teamwork and essential hockey skills. This program is aimed at children ages 6-10 who have never played hockey before or have little experience with it. Equipment is provided!



## Movie Night

Sometimes kids just wanna relax! Every Friday evening we have a movie night with popcorn and drinks. Just come out and enjoy the show. PJ's and teddy bears are welcome!



# TEEN PROGRAMS

## Teen Recreation Night

Teen Recreation Night is a youth driven program where teens have the opportunity to help plan their program, choosing topics, events and themes. This allows them the



opportunity to develop leadership skills, socialize, network, and create lasting friendships that could last a lifetime.

Community service is heavily focused on, where the youth learn the



## Teens In The Kitchen

Teens in the Kitchen focuses on making healthy choices, meal planning and budgeting. We



look at flyers, price match, prepare the food and enjoy the delicious product, while practicing safe food handling and



## Love Yourself

This program is a day long workshop to help girls ages 10-14 develop positive self esteem. In particular, it encourages girls to look at body confidence and how this



influences their attitudes towards themselves and others.



# DAY CAMPS

## P.A. Day, Summer & March Break



Our camps provide a range of social, educational and skill development opportunities that will appeal to children of all interests. Our staff are highly qualified, including certifications in First Aid and HIGH FIVE, but most importantly they are fun and engaging positive role models who ensure that all participants enjoy a camp experience to remember for a lifetime.



## Community Supper Sponsors



# THANK YOU



Renfrew County  
**United Way**



## Individual Donors

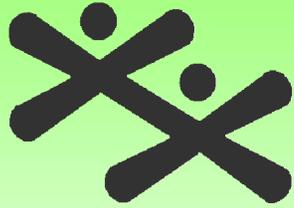


# VOLUNTEERING A REWARDING EXPERIENCE

Volunteering with the Boys and Girls Club of Pembroke is an excellent way to explore new challenges and discover new career options. Volunteering can help you determine what you really want to do and if it's right for you. By volunteering with the Club, you gain valuable work experience, develop interpersonal skills, improve life and career skills, gain self-confidence, and an opportunity to network with others. Volunteers are always needed in all our programs, including program support, fundraising events and bingo.

**"Congratulations" to Tyler Leblanc from Pembroke who was the recipient of a \$3000 Scholarship from Boys and Girls Club of Canada and Alterna Savings. Tyler was a past member and volunteer for the Boys and Girls Club of Pembroke for several years and is now a student enrolled in the Social Service Worker Program at Algonquin College of Pembroke. We wish you much success in your future endeavors!**





# Boys and Girls Club Of Pembroke

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